

#### **Bachelor of Science**

# **Human Services**

120 credits

### **Program Description**

The Bachelor of Science in Human Services at Cambridge College is guided by systemic and holistic thinking, along with an appreciation of research and how it informs practice. A collaborative model of teaching and helping creates an environment where all students are encouraged to reach their potential. We do this by providing opportunities for our students to increase their knowledge and practical skills while recognizing the valuable contributions they are making in their workplaces and in their communities. Our goal is to be an integral part of the change that needs to happen to create a more just and equitable society.

**Required courses** provide broad-based knowledge of individuals, families and communities, with historical and multicultural perspectives. They present a unique strengths-based, systemic and culturally relevant approach to working with people effectively across many varied settings.

**Internship** — Students will apply their knowledge in a variety of community-based settings.

**Final Project** — Students will complete a Capstone project focusing on an topic related to human services. The project consists of research and written work applying their academic experience to a learning project that interests and challenges them.

#### **Program Outcomes**

- Students gain the skills needed to work with people in a way that
  preserves their dignity and builds on their strengths, empowering
  them to address their concerns, leading to better outcomes.
- Students learn to identify and work with the strengths inherent in individuals, families and communities.
- Students gain practical skills for assisting people in making positive changes that will improve the quality of their lives.
- Students are prepared for personal and professional growth.
- Students have built a solid base for graduate studies in a wide variety of professional and academic fields.
- Students become effective agents of positive change

#### **Careers and Further Study**

The health and human service industry has been identified by the Bureau of Labor Statistics as an area of increasing growth in the 21st century. Students majoring in human services may find themselves working and leading in a variety of settings — with adolescents in residential programs or with the elderly in nursing homes; in the community or in health centers; as program directors; as case managers or outreach workers. They work in prevention or in treatment, in afterschool programs or criminal justice programs.

Our graduates are well positioned to enter graduate studies in human services, psychology, counseling, social work and related fields.

General Education		
LRN175	Principles & Processes of Adult Learning	
WRT101	College Writing I	
CTH225	Foundations of Critical Thinking	
MAT101	College Math I	
CMP130	Introduction to Computer Applications	
CMP230	Information Literacy	
WRT102	College Writing II3	
MAT102	College Math II	

WRT101-102 and MAT101-102 may by waived if equivalent courses have been accepted in transfer. Credits will be replaced with open electives. WRT201 required if both WRT101-102 are waived; not required for students completing WRT101-102 at Cambridge. WRT090 and MAT100 required if assessment indicates need.

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Choose electives and/or concentrations to support your academic interests and professional goals.

Human Services Major 42 credits		
PSY110	Systems Thinking in Psychology3	
BHS305	Introduction to Human Services	
BHS315	Understanding Family & Community Systems 3	
BHS320	Community Building Principles & Strategies 3	
BHS420	Strategies for Change3	
PSY210	Developmental Psychology3	
BHS306	Case Management for Human Services3	
BHS470	Internship I	
BHS490	Human Services Capstone	
Human Services Electives		

**Admissions requirements:** High school completion or GED and other general requirements (see Admissions).

**Degree completion:** General education requirements may be satisfied by an associate's degree or 60 credits of prior courses that meet all general criteria for transfer; up to 90 credits may be accepted.

