



Post-master's Certificate

# School Adjustment & Mental Health Counseling for School Guidance Counselors

30 credits • 4 terms • School Social Worker/School Adjustment Counselor (DESE) • Licensed Mental Health Counselor (LMHC)

## Academic Requirements

Mental health core courses and practicum . . . . .	15
School adjustment core courses and internship. . . . .	15
CCP708 School Adjustment Counseling Exit Portfolio (non-credit)	
Total . . . . .	30

**Courses should be taken in sequence.** For example, all term 1 courses must be completed before term 2 courses. Select no more than 4 courses each term for a maximum course load of 12 credits (all courses @ 3 credits).

### Term 1

- CCP550 Basic Counseling Skills: Rogerian Therapy
- CCP614 Child & Adolescent Psychopathology
- CCP520 Counseling Practicum

### Term 2

- CCP636 Psychological Testing
- CCP641 Counseling Internship/SAC Field Experience II\*
- CCP617 School Adjustment Counseling/School Social Work\*

### Term 3

- CCP700 Internship Seminar/SAC Field Experience III\*
- CCP754 Perspectives in Cross-Cultural Counseling
- CCP561 Counseling Techniques with Multi-Problem Families in Changing Communities\*
- or CCP715 Multicultural Counseling: Children, Adolescents in Context\*

Students who previously completed any of the listed courses ( or equivalents) shall consult with program chair for substitute course work to meet 30-credit requirement.

### Term 4

- CCP701 Advanced Internship Seminar/SAC Field Experience IV\* (If field experience requirements are already completed, CCP701 may be replaced with an elective—see below.)

### Special Treatment Issues (if possible) — choose one

- CCP606 Family Treatment of Substance Abuse
- CCP640 Addiction Disorders
- CCP720 Psychopharmacology in Addictions & Mental Health Counseling
- CCP724 Post Traumatic Stress Reactions
- CCP729 Trauma Intervention in Schools

### Mental Health Practicum/Internship—term 1

### School Adjustment Field Experience—terms 2-3

#### Prerequisites

- SAC Pre-Practicum — 75 hours of directed field-based training in a school site (0 credit)
- Pass all teacher tests required by the state for this license. Massachusetts MTELEs: Communication & Literacy test.
- Site approval form signed by SAC chair.

#### School Adjustment Field Experience / Mental Health Internship

Includes field experience under a qualified supervisor, conforming to Massachusetts regulations 262 CMR. Internship must be supervised by a dually licensed qualified supervisor (262 CMR and SAC by DESE) who is in an SAC role and meets all state standards. See program handbook.

Completed Verification form required by SOPC office before registering.

- 900 hours total (minimum); 300 hours in each of three terms in school and mental health settings.
- LMHC internship recommended in first year (CCP520),
- SAC field experience recommended in second year (CCP641, 700).
  - ▶ School placement must be approved by the SAC chair.
  - ▶ 450 hours (minimum), completed in two sequential terms.
  - ▶ Supervisor must work in SAC role with children, adolescents and families.

#### Admission requirements:

- Completion of current Cambridge College 48-credit M.Ed. in school guidance counseling or equivalent program. (Students who took an earlier version of this program, or who earned their MEd at another college, may need to take additional course work to meet LMHC and SAC academic requirements.)
- Initial license as a school guidance counselor.
- Interview with and approval of School Adjustment chair.

**Program chairs:** Vita Golub • Vita.Golub@cambridgecollege.edu and Hugh Ferguson, PhD Hugh.Ferguson@cambridgecollege.edu

(All courses @ 3 credits.)