



Post-master's Certificate

# School Adjustment & Mental Health Counseling for School Guidance Counselors

30 credits • 4 terms • School Social Worker/School Adjustment Counselor (DESE) • Licensed Mental Health Counselor (LMHC)

## Academic Requirements

Mental health core courses and practicum . . . . .	12
School adjustment core courses and internship. . . . .	15
Special treatment elective . . . . .	3
CCP708 School Adjustment Counseling Exit Portfolio (non-credit)	
Total . . . . .	30

**Courses must be taken in sequence.** For example, all term 1 courses must be completed before term 2 courses. Select no more than 4 courses each term for a maximum course load of 12 credits (all courses @ 3 credits).

### Term 1

- CCP614 Child & Adolescent Psychopathology
- CCP520 Counseling Practicum
- CCP617 School Adjustment Counseling/School Social Work\*

### Term 2

- CCP626 Assessment/Appraisal Process: Projective Testing\*
- CCP641 Counseling Internship/SAC Field Experience II\*
- CCP754 Perspectives in Cross-Cultural Counseling (Must be taken if student has not completed CCP754 or equivalent. Program will total 33 credits).

### Term 3

- CCP700 Internship Seminar/SAC Field Experience III
- CCP561 Counseling Techniques with Multi-Problem Families in Changing Communities\*
- or CCP715 Multicultural Counseling: Children, Adolescents in Context\*

If students completed the 48-credit M.Ed. in School Guidance Counseling at Cambridge College, this subject area has been covered; CCP561/CCP715 not required. Other students may need to take one of these courses depending upon transcript review by program chair.

### Term 4

- One special treatment elective course.
- CCP701 Advanced Internship Seminar/SAC Field Experience IV (take as elective only if necessary to complete field experience hours)

Students who previously completed any of the listed courses shall consult with the program chair for substitute course work to meet the requirement of 30 credits.

### Special Treatment Electives — choose one

- CCP606 Family Treatment of Substance Abuse
- CCP640 Addiction Disorders
- CCP724 Post Traumatic Stress Reactions
- CCP729 Trauma Intervention in School Settings

### Mental Health Practicum/Internship—term 1

### School Adjustment Field Experience—terms 2-3

#### Prerequisites

- SAC Pre-Practicum — 75 hours of directed field-based training in a school site (0 credit)
- Pass all teacher tests required by the state for this license. Massachusetts MTELEs: Communication & Literacy test.
- Site approval form signed by SAC chair.

### School Adjustment Field Experience / Mental Health Internship

Includes field experience under a qualified supervisor, conforming to Massachusetts regulations 262 CMR. Internship must be supervised by a dually licensed qualified supervisor (262 CMR and SAC by DESE) who is in an SAC role and meets all state standards. See program handbook.

- 900 hours total (minimum); 300 hours in each of three terms in school and mental health settings.
- LMHC internship recommended in first year (CCP520),
- SAC field experience recommended in second year (CCP641, 700).
  - ▶ School placement must be approved by the SAC chair.
  - ▶ 450 hours (minimum), completed in two sequential terms.
  - ▶ Supervisor must work in SAC role with children, adolescents and families.

**Cambridge College strives to cover the academic requirements for the following credentials, for which graduates may apply:**

- School Social Worker/School Adjustment Counselor (all levels) — Program approved by the Mass. Dept. of Elementary & Secondary Education as preparation for initial licensure.
- LMHC licensure by the Mass. Board of Registration of Allied Mental Health Professionals. Some licensure requirements will have been covered in the MEd in School Guidance Counseling. This program provides the remaining academic requirements. Candidates must also pass an exam and complete two years of post-master's supervised clinical practice.

Regulations may change at any time. Cambridge College reserves the right to alter the program accordingly. Program chairs are available to advise students.

**Students are responsible** for monitoring and understanding state requirements and regulations, for ensuring that their program of study complies with all requirements for licensure/certification, and for completing documentation needed for CCP708 Exit Portfolio.

#### Admission requirements:

- Completion of current Cambridge College 48-credit M.Ed. in school guidance counseling or equivalent program. (Students who took an earlier version of this program, or who earned their MEd at another college, may need to take additional course work to meet LMHC and SAC academic requirements.)
- Initial license as a school guidance counselor.
- Interview with and approval of School Adjustment chair.