



## Post-master's Certificate

# School Adjustment & Mental Health Counseling for School Guidance Counselors

30 credits • 4 terms • School Social Worker/School Adjustment Counselor (ESE) • Licensed Mental Health Counselor (LMHC)

### Academic Requirements

Mental health core courses and practicum . . . . .	15
School adjustment core courses and internship. . . . .	15
CCP708 School Adjustment Counseling Exit Portfolio (non-credit)	
Total . . . . .	30

**Courses should be taken in sequence.** For example, all term 1 courses must be completed before term 2 courses. Select no more than 4 courses each term for a maximum course load of 12 credits (all courses @ 3 credits).

### Term 1

CCP550	Basic Counseling Skills: Rogerian Therapy (includes assessment of preparedness for field experience)
CCP615	Psychopathology
CCP520	Counseling Practicum

### Term 2

CCP636	Psychological Testing
CCP641	Counseling Internship/SAC Field Experience II*
CCP617	School Adjustment Counseling/School Social Work*

### Term 3

CCP700	Internship Seminar/SAC Field Experience III*
CCP754	Perspectives in Cross-Cultural Counseling
CCP561	Counseling Techniques with Multi-Problem Families in Changing Communities*
or CCP715	Multicultural Counseling: Children, Adolescents in Context*

Students who previously completed any of the listed courses ( or equivalents) shall consult with program chair for substitute course work to meet 30-credit requirement.

### Term 4

CCP701	Advanced Internship Seminar/SAC Field Experience IV* (If field experience requirements are already completed, CCP701 may be replaced with an elective—see below.)
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### Special Treatment Issues (if possible) — choose one

CCP606	Family Treatment of Substance Abuse
CCP640	Addiction Disorders
CCP720	Psychopharmacology in Addictions & Mental Health Counseling
CCP724	Post Traumatic Stress Reactions
CCP729	Trauma Intervention in Schools

### Mental Health Practicum/Internship—term 1

### School Adjustment Field Experience—terms 2-3 or 3-4

#### Prerequisites

- SAC Pre-Practicum — 75 hours of directed field-based training in a school site (0 credit)
- Pass all teacher tests required by the state for this license. Massachusetts MTEs: Communication & Literacy test.
- Site approval form signed by SAC chair.

### School Adjustment Field Experience / Mental Health Internship

Includes field experience under a qualified supervisor, conforming to Massachusetts regulations 262 CMR. Internship must be supervised by a dually licensed qualified supervisor (262 CMR and SAC by DESE) who is in an SAC role and meets all state standards. See program handbook.

Completed Verification form required by SOPC office before registering.

- 900 hours total (minimum); 300 hours in each of three terms in school and mental health settings.
- LMHC internship recommended in first year (CCP520),
- SAC field experience recommended in second year (CCP641, 700).
  - ▶ School placement must be approved by the SAC chair, and must be within Massachusetts.
  - ▶ 450 hours (minimum), completed in two sequential terms.
  - ▶ Supervisor must work in SAC role with children, adolescents and families.

#### Admission requirements:

- Completion of current Cambridge College 48-credit M.Ed. in school guidance counseling or equivalent program. (Students who took an earlier version of this program, or who earned their MEd at another college, may need to take additional course work to meet LMHC and SAC academic requirements.)
- Initial license as a school guidance counselor.
- Other School of Psychology & Counseling requirements.

#### Required to enter program for ESE licensure:

- Massachusetts Educator Personnel ID (MEPID) number
- Pass Massachusetts Communication & Literacy Test (MTEL).
- 3.0 GPA at entry; maintained throughout program.

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(All courses @ 3 credits.)