Elective Concentrations for: Mental Health Counseling

Elective Concentration for Mental Health Counseling (MEd only)

Marriage & Family Therapy

18 credits • MFT

Professional training for counseling traditional and non-traditional families and couples in a multicultural society.

Choose six courses:
CCP561 Counseling Techniques with Multi-Problem Families in Changing Communities
CCP606 Family Treatment of Substance Abuse
CCP625 Foundations of Couples Counseling
CCP627 Family Assessment from a Multicultural Perspective
CCP710 Marriage & Family Therapy: Basic Counseling Skills
CCP721 Women in the Family: a Cross-Cultural Perspective
CCP722 The Life of the Family in Context
CCP723 Narrative and Collaborative Approaches to Therapy

Practicum/Internship Field Experience: Students must complete a minimum of 740 hours of on-site field placement time, of which 300 hours must be done in direct face-to-face client contact. Students must receive a minimum of 160 hours of supervision, which includes 55 hours of individual supervision by an approved supervisor, a minimum of 50 hours of group supervision with no more than 10 students, and 55 hours of either individual or group supervision. At least 25 hours of supervision must be done through video/audio supervision or direct observation. As this is a joint LMHC/LMFT program, students must also have 50 hours of documented LMHC supervision for licensure. See also program handbook.

Elective Concentration for Mental Health Counseling (MEd & CAGS)

Rehabilitation Counseling

18 credits • CRC, LRC

Rehabilitation Counseling is an elective, clinical concentration for students who wish to pursue national certification as a rehabilitation counselors (CRC) and state licensure as rehabilitation counselors (LRC). Coupled with the MEd in Mental Health Counseling, students simultaneously complete the academic requirements for Mental Health Counseling licensure.

Program Outcomes — A focus on rehabilitation counseling helps practitioners to more comprehensively serve the needs of people returning to work or having workplace issues after injury, dealing with intellectual, emotional and/or physical challenges, veterans facing complex mental health and rehabilitation, and a host of other issues relating to the interface of disabilities and mental health.

Careers — Graduates will be qualified to pursue national certification and state licensure as rehabilitation counselors, and for the more general licensure in mental health counseling, allowing for significant career flexibility. Rehabilitation counselors typically work in settings such as mental health agencies, the Veterans Administration, state vocational rehabilitation agencies, insurance companies dealing with disability, non-profit agencies, employee assistance programs, disability management firms and consulting agencies, among others.

Courses
CCP651 Vocational Analysis & Job Placement
CCP656 Vocational Assessment & Evaluation
CCP655 Vocational and Affective Counseling
CCP654 Rehabilitation Plan Development
CCP643 Medical & Psychological Aspects of Disabilities

Not applicable to SAC students:
CCP727 Clinical Interventions for Combat Stress & Trauma
or CCP729 Trauma Intervention in Schools

CAGS students please consult with advisor and/or program chair and enroll in the corresponding CAGS-level courses.

(All courses @ 3 credits.)