



Offered only by Cambridge College
Southern California. Massachusetts
students should enroll in Mental Health
Counseling with MFT concentration.

Master of Education

Marriage & Family Therapy (California)

60 credits • 5-6 terms full time

Program Description — The Marriage and Family Therapy program provides graduate level professional training for licensure with a strong commitment to an evolving multicultural society. Students are prepared to meet the licensing standards of the California Board of Behavioral Sciences.

Learning Outcomes — Students learn and apply the principles and best practices of counseling, including various psychotherapeutic techniques for work with individuals, couples, families and groups; group counseling, and consultation to organizations and communities. They study human development, dysfunctional behavior and mental illness. They learn to assess, diagnose and treat within the scope of the Marriage and Family Therapists practice, and become able to utilize community resources for referrals. They learn and apply strategies for prevention and treatment of substance abuse, domestic violence, the spectrum of mental illnesses; and learn to use psycho-educational techniques aimed to prevent such disorders. They study research design and methodology and become familiar with state regulations applicable to marriage and Family therapy practice.

Academic Requirements

Mental health core courses, practicum	60
CCP592 Exit Portfolio	non-credit
Total	60

The core program provides the academic preparation for California licensure as a marriage and family therapist. The program of study may not exceed 60 credits.

Courses should be taken in sequence. Term 1 courses must be completed before term 2 courses. A maximum of 4 courses may be taken each term.

Term 1

CCP518	Research Design & Evaluation
CCP540	Personality & Counseling Theory
CCP550	Basic Counseling Skills: Rogerian Therapy (includes assessment of preparedness for field experience)
CCP630	Human Development Across the Lifespan

Term 2

CCP615	Psychopathology
CCP650	Group Dynamics/Group Counseling & Human Systems
CCP710	Marriage & Family Therapy: Basic Counseling Skills
CCP758	Clinical Practice in California

Term 3

CCP622	Ethics & Professional Issues for School Counselors & Mental Health Practitioners
CCP513	California Clinical Experience: Practicum I
CCP639	Career Development
CCP724	Post Traumatic Stress Reactions

Term 4

CCP754	Perspectives in Cross-Cultural Counseling
CCP644	California Clinical Experience: Practicum II
CCP561	Counseling Techniques with Multi-Problem Families in Changing Communities
CCP606	Family Treatment of Substance Abuse

Term 5

CCP636	Psychological Testing
CCP722	The Life of the Family in Context
CCP731	California Clinical Experience: Practicum III
CCP720	Psychopharmacology in Addictions and Mental Health Counseling

Subsequent terms as needed to complete your program of study

Practicum

Students must complete a minimum of 150 hours of direct face-to-face client contact in no fewer than two terms. A student must be enrolled in a field experience course while counseling clients except as specified in subdivision c of section 4980.42. In addition to the 150 required hours, students must complete 75 hours of either or a combination of the following: Client centered advocacy as defined in Section 4980.03 or face to face experience counseling individuals, couples, families or groups.

Admission requirements: Bachelor's degree and other School of Psychology & Counseling requirements.

Program chair: Hugh Ferguson, PhD
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(All courses @ 3 credits.)