



# Counseling Psychology

36 credits • 3-4 terms full time

Core program — Pre-licensure • *Addiction Counseling* — CADAC, LADC • *Geriatric Mental Health* • *Trauma Studies*

**COUNSELING PSYCHOLOGY** is a pre-licensure graduate program for students planning to enter the practice of mental health or improve their skills and professional qualifications. The program has a strong commitment to an evolving multicultural society.

**Learning Outcomes** — Students learn the principles and best practices of counseling including various psychotherapeutic techniques for work with individuals, families and groups; group counseling, and consultation to organizations and communities. They study human development, dysfunctional behavior and mental illness, strategies for prevention and treatment of substance abuse and domestic violence. They become familiar with community resources for referrals. They study research design and methodology. They become familiar with state regulations applicable to mental health practice.

**Careers and Further Study** — Graduates may qualify for employment or advancement in mental health agencies. They will be eligible to continue study towards mental health licensure at the CAGS level.

## Academic Requirements

Counseling Psychology core courses,	
practicum, field experience . . . . .	18
SOPC electives and concentrations. . . . .	18
Exit portfolio . . . . .	non-credit
Total . . . . .	36

**Courses must be taken in sequence.** For example, all term 1 courses must be completed before term 2 courses. Select no more than 4 courses each term for a maximum course load of 12 credits (all courses @ 3 credits).

### Term 1

CCP540 Personality & Counseling Theory  
CCP550 Basic Counseling Skills: Rogerian Therapy  
Two elective or concentration courses.

### Term 2

CCP650 Group Dynamics/Group Counseling & Human Systems  
CCP520 Counseling Practicum  
Two elective or concentration courses.

### Term 3

CCP641 Counseling Internship/SAC Field Experience II  
Three elective or concentration courses.

### Term 4

CCP630 Human Development Across the Lifespan  
Select no more than 3 courses to complete your program of study.

## Concentration Options

**Addiction Counseling** — Professional training in substance abuse/addiction treatment, education and prevention, leading to certification or licensure.

CCP640	Addiction Disorders
CCP606	Family Treatment of Substance Abuse
CCP720	Psychopharmacology in Addictions & Mental Health Counseling

**Trauma Studies** — Professional training in crisis intervention and trauma treatment, education, prevention, and trauma-informed care.

CCP724	Post Traumatic Stress Reactions
CCA727	Clinical Interventions for Combat Stress & Trauma . . . . . Fall
or CCA729	Trauma Intervention in School Settings . . . . . Spring
CCP728	Trauma-Specific Interventions

**Geriatric Mental Health** — Professional training in mental health for older adults. Graduates will be prepared for non-medical positions in human service agencies, hospitals, community mental health centers, and other similar facilities.

CCP600	Biopsychosocial Dimensions of Aging . . . . . Fall
CCP634	Death and Dying . . . . . Fall
CCP629	Geriatric Counseling . . . . . Spring

### Practicum and Internship

Includes field experience under a qualified supervisor, conforming to Massachusetts regulations 262 CMR. See program handbook.

Addiction Studies: Must include 300 hours in an approved substance abuse treatment program with appropriate supervision in the 12 core functions.

Trauma Studies: Must include documented counseling experience related to trauma.

### Cambridge College strives to cover academic requirements for:

- Certified Alcohol & Drug Abuse Counselor (CADAC) certification by MBSACC and Licensed Alcohol & Drug Counselor (LADC) licensing by the Mass. Dept. of Public Health.
- Certified Trauma Specialist (CTS), a credential from the Association of Traumatic Stress Specialists, International Certification Board (ATSS).

Regulations may change at any time. Cambridge College reserves the right to alter the program accordingly. Program chairs are available to advise students.

Students are responsible for monitoring and understanding state requirements and regulations, and for ensuring that their program of study complies with all requirements for licensure/certification.