Cambridge College

AGREEMENT AND RELEASE OF LIABILITY

In consideration of being permitted access to the Fitness Center at Hood Park, Charlestown ("Fitness Center") adjacent to the premises of Cambridge College ("CC"), and being permitted to use the Fitness Center's facilities, equipment, and machinery, I hereby agree to hold harmless CC, its Trustees, officers, employees and agents and their respective heirs, personal representatives, successors and assigns from any and all claims, liability, actions, damages, losses, costs and expenses caused directly or indirectly, in whole or in part, arising out of or in any way connected with my participation in any activities within the Fitness Center, including entering or leaving the Fitness Center. (Please initial _____)

I understand and acknowledge that strength, flexibility, and aerobic exercise, including the use of equipment or machinery, are potentially hazardous activities. I understand and agree that fitness activities involve a risk of injury and even death, and that I am voluntarily participating in these activities and using equipment and machinery with knowledge of the danger thereof. I acknowledge and understand that CC has not had, does not have, and will not have any role or responsibility of any kind whatsoever in selecting, purchasing or maintaining the equipment and machinery located within the Fitness Center. I hereby agree to expressly assume and accept any and all risks of injury or death. (Please initial _____)

I understand and agree that this hold harmless agreement is in addition to, and not in any way duplicative of, any hold harmless agreement into which I may have entered with the owners of the Hood Park building within which CC is located. (Please initial _____)

I am over 18 years of age and do hereby declare myself to be physically able to participate in activities and programs at the Fitness Center. I understand and agree that I do hereby assume all responsibility for my participation in activities and utilization of equipment and machinery within the Fitness Center.

Signature: _____

Printed Name: _____

Date: _____