



Master of Education With Elective Concentrations

Mental Health Counseling

• CIP code 511508 • 60 credits • 5-6 terms full time

Program Description

Mental Health Counseling provides graduate level professional training for mental health counseling licensure, with a strong commitment to an evolving multicultural society. Students are prepared to meet the licensing standards of the Massachusetts Board of Allied Mental Health and Human Services Professionals.

Learning Outcomes

Students learn and apply the principles and best practices of counseling, including various psychotherapeutic techniques for work with individuals, couples, families and groups; group counseling, and consultation to organizations and communities. They study human development, dysfunctional behavior and mental illness. They learn to assess, diagnose and treat within the scope of the counselor's practice, and become able to utilize community resources for referrals. They learn and apply strategies for prevention and treatment of substance abuse, domestic violence, the spectrum of mental illnesses; and learn to use psychoeducational techniques aimed to prevent such disorders. They study research design and methodology. They become familiar with state regulations applicable to mental health practice and licensure.

Academic Requirements

Mental health core courses, practicum and field experience	42
Counseling electives and concentrations	18
Exit Portfolio	non-credit
Total	60

Elective Concentrations

The core program provides the academic preparation for mental health counseling licensure. Students may choose one or two concentrations to earn additional credentials and knowledge, but also have the option to take a blend of elective courses without completing a concentration. The entire program of study may not exceed 60 credits.

- Addictions Counseling — LADC
- Trauma Studies

Admission requirements: Bachelor's degree and other Education & Counseling requirements.

Program chair:

Linda Kuramoto, M.S., CAGS, CRC, LMHC
linda.kuramoto@cambridgecollege.edu

Courses

The sequence below is highly recommended. Field experience courses must be taken in sequence. Take 2-4 courses/term.

Term 1

- CCP 622 Ethics & Professional Issues for School Counselors & Mental Health Practitioners
- CCP 540 Personality & Counseling Theory
- CCP 550 Rogerian Person-Centered Therapy: Basic Counseling Skills (includes assessment of readiness for field experience)
- CCP 630 Human Development Across the Lifespan

Term 2

- CCP 615 Psychopathology
- CCP 650 Group Dynamics/Group Counseling & Human Systems
- CCP 518 Research Design & Evaluation
- CCP 639 Career Development

Term 3

Begin field experience

If you have a field experience site secured:

- CCP 699 Mental Health Counseling Jurisprudence Seminar (0 credits), then complete site placement process
- CCP 520 Field Experience I (preq. CCP 550, CCP 699)

If you do not have a field experience site secured:

- CCP 699 Mental Health Counseling Jurisprudence Seminar (0 credits)
- CCP 522 Pre-Internship Clinical Skills (preq. CCP 550, CCP 699)
- CCP 524 Pre-Internship Supervision Laboratory
- CCP 636 Psychological Testing
- CCP 754 Perspectives in Cross-Cultural Counseling
- One elective or concentration course

Term 4

- CCP 641 Field Experience II
- Two or three electives or concentration courses

Term 5

- CCP 700 Field Experience III
- Two or three elective or concentration courses

Term 6

- CCP 701 Field Experience IV or one elective (if approved substitution has been granted by program chair)
- One elective or concentration course

Field Experience

The field experience includes practicum and internship under a qualified supervisor, conforming to Massachusetts regulations 262 CMR. May be individually designed to support licensure requirements. Further requirements are briefly outlined under each concentration.

See also program handbook.

(All courses @ 3 credits.)



Elective Concentrations

For: Mental Health Counseling • School Adjustment

Addictions Counseling

• 9 credits • LADC

Addictions Counseling — LADC.....9 credits

Choose three of the following courses to complete the concentration in Addictions Counseling:

- CCP 640 Addiction Disorders
- CCP 606 Family Treatment of Substance Abuse
- CCP 516 Alcohol and Drugs in Society
- CCP 720 Psychopharmacology in Addictions & Mental Health Counseling

Field Experience: Must include 300 hours in an approved substance abuse treatment program with appropriate supervision in the 12 core functions. See also program handbook.

Program contact:

Kathrine Sullivan-Corbett, M.S., LMHC;
kathrine.sullivan-corbett@cambridgecollege.edu

Trauma Studies

• 9 credits

Trauma Studies9 credits

Professional training in crisis intervention and trauma treatment, education, prevention, and trauma-informed care.

- CCP 724 Post Traumatic Stress Reactions
- CCP 727 Clinical Interventions for Combat Stress & TraumaFall
- or CCP 729 Trauma Intervention in SchoolsSpring
- CCP 728 Trauma-Specific Interventions

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