

Master of Education Leading to Massachusetts INITIAL LICENSURE



# Health/Family & Consumer Sciences (All Levels)

For licensure: 38 credits, 4 terms full-time • Non-licensure: 33 credits, 3 terms full-time

• Program approved by the Mass. Dept. of Elementary & Secondary Education

The **HEALTH /FAMILY & CONSUMER SCIENCES** initial licensure program prepares health educators to be proficient in the Massachusetts Professional Standards for Teachers, the National Health Education Standards, and the American Association of Health Education/National Council for Accreditation of Teacher Education standards.

**Learning Outcomes** — Our graduates are experts in health education content, able to conduct a needs assessment, plan and implement curriculum, assess student learning, coordinate school health, advocate for health education, and serve as a resource to the school, students and their families, and the community.

Our students graduate with confidence in their ability to teach comprehensive skills-based health education as a component of coordinated school health. They know how to identify student risk factors and help young people reduce their risky behavior and improve their personal health and academic performance.

**Careers** — Graduates teach (preK-12) and work as health educators in many settings: local health departments, hospitals and clinics, business and industry. In colleges, they also teach courses and conduct research.

**Professional Seminar & Project** .....9 credits

EHE691N-693N Professional Seminar (3 terms @ 2 credits) . . . . . Fall, Spring, Summer

EHE800 Independent Learning Project (3 credits) take with Seminar III. . . . . Fall, Spring

**Courses** ..... 24 credits

All courses @ 3 credits:

EHE610 Principles of Health Promotion & Disease Prevention: Public Health Issues . . . . . Fall

EHE620 Curriculum Implementation in the Health Classroom . . . . . Fall

EHE630 Growth & Development, Human Sexuality & Family Management Skills . . . . . Fall

EHE640 Promoting Wellness: Building Positive Health Behavior. . . . . Spring

EHE650 Preventing Unintentional Injury & Violence . . . . . Spring

EHE680 Teaching Skills for Risk Reduction & Positive Behavior Change . . . . . Spring

EHE660 Family & Interpersonal Health: Promoting Mental Health Through School-Based Intervention. . . . . Summer

EHE670 Building & Evaluating Coordinated School Health Programs. . . . . Summer

Course schedule for Cambridge.

**Practicum Prerequisites**

- Pass all teacher tests required by the state for this license. Massachusetts: Communication & Literacy and Health Education (MTEL).
- Completed course in anatomy and physiology.
- Pre-Practicum — 75 hours in diverse settings (0 credit).
- Pass all required courses.

**Practicum (licensure students only)** .....5 credits

**HEA790 Practicum** – 300 hrs (150 hrs in an elementary school setting & 150 hrs in a secondary setting) . . . . . 3

Guided and evaluated by a licensed/certified educator in the classroom and a Cambridge College supervisor. Practicum locations are subject to MA DESE regulations and must be approved by the program chair. Students are responsible for discussing options for practicum with the program chair.

**HEA791 Practicum Seminar** . . . . . 2  
Exit Performance Portfolio required for credit.

**Admissions requirements:**

- Bachelor’s degree and other general requirements (see Admissions).
- Bachelor’s degree with competencies in relevant content areas: personal health and wellness, child and adolescent growth and development, psychology, drug abuse prevention, nutrition, human sexuality. 24 credit hours total (including anatomy and physiology).

If content area coursework (other than anatomy and physiology) are not completed at time of admission, students may complete them concurrently.

**Matriculation:** All new students must register for the non-licensure option until they pass the MA Communication & Literacy Test (MTEL).

**Non-licensure option:** All program components are required except the Practicum, Practicum Seminar and teacher tests. Non-licensure students must complete all pre-practicum hours embedded in the courses.

**Satisfactory academic progress** — All students must maintain a minimum GPA of 3.0 or be placed on academic probation.

**SEI Endorsement optional** — Health, Family & Consumer Science students are not required by the Mass. DESE to be endorsed in Sheltered English Immersion. If you are interested becoming endorsed, Cambridge College offers SEI600.

**Program and course schedule subject to change.**





Continued

# Health/Family & Consumer Sciences

Graduate certificate



## Health Education

12 credits, 2 or more terms

This **HEALTH EDUCATION** certificate is for physical educators, community and public health educators, wellness and fitness center employees who want current knowledge of health and how to teach it effectively. Students learn to teach skills-based health education based on the performance indicators of the National Health Education Standards.

Two courses are required and two are selected from the initial licensure courses of the Health and Family & Consumer Sciences Master's program.

**Learning Outcomes** include increased competency in health education content and teaching skills.

**Admissions requirements:**

- Bachelor's degree and other general requirements (see Admissions).

**Satisfactory academic progress** — All students must maintain a minimum GPA of 3.0 or be placed on academic probation.

**Pre-Practicum hours:** Students completing the certificate do not need to complete pre-practicum hours. However, students who may wish to matriculate at a later time must complete all pre-practicum hours associated with these courses.

**Successfully completed courses** may be accepted into the Health, Family & Consumer Science initial licensure program if taken within 5-7 years of matriculation (subject to change).

**Program and course schedule subject to change.**

All courses @ 3 credits:

**Required courses . . . . . 6 credits**

- EHE620 Curriculum Implementation in the Health Classroom . . . . . Fall
- EHE630 Growth & Development, Human Sexuality & Family Management Skills . . . . . Fall

**Electives in Health Education . . . . . choose 6 credits**

- EHE610 Principles of Health Promotion & Disease Prevention: Public Health Issues . . . . . Fall
- EHE640 Promoting Wellness: Building Positive Health Behavior . . . . . Spring
- EHE650 Preventing Unintentional Injury & Violence . . . . . Spring
- EHE680 Teaching Skills for Risk Reduction & Positive Behavior Change . . . . . Spring
- EHE660 Family & Interpersonal Health: Promoting Mental Health Through School-Based Intervention . . . . . Summer
- EHE670 Building & Evaluating Coordinated School Health Programs . . . . . Summer

Course schedule for Cambridge.