



# Skills-Based Health/Social Emotional Learning

• CIP code 131307 • For licensure: 37 credits, 4 terms full-time  
Non-licensure: 32 credits, 3 terms full-time • Program approved by the Mass. Dept. of  
Elementary & Secondary Education (ESE) for Health/Family & Consumer Science (all levels)  
initial licensure

The Teacher Education Program at Cambridge College is awarded **TEAC accreditation** by the Inquiry Brief Commission of the Council for the Accreditation of Educator Preparation (CAEP) for a period of five years, from May 2014-May 2019. The accreditation does not include individual education courses that the EPP offers to P-12 educators for professional development, re-licensure, or other purposes.

**Program Description** — The Skills-Based Health/Social Emotional Learning (SEL) initial licensure program prepares health educators to be proficient in the Massachusetts Professional Standards for Teachers, the National Health Education Standards, and the CAEP health education teacher education (HETE) standards. Program completers are career-ready, technologically savvy, exhibit inter-cultural competence and are equipped to advance social justice.

**Learning Outcomes** — Graduates demonstrate expertise in health education content, able to conduct a needs assessment, plan and implement curriculum, assess student learning, coordinate school health, advocate for health education, and serve as a resource to the school, students and their families, and the community.

They exhibit confidence in their ability to teach comprehensive skills-based health education as a component of coordinated school health; identify student risk factors and help young people reduce those behaviors to improve their personal health and academic performance. They utilize inclusive practices to create a safe and collaborative learning environment that fosters positive socio-emotional development. They set high expectations for all students; implement well-structured lessons, with measurable assessments of learning; and engage in ongoing reflection on practice. They advocate for health/SEL by conducting, implementing, and sharing the results of action research.

**Careers** — Graduates teach (preK-12) and work as health educators in many settings: local health departments, hospitals and clinics, business and industry. In colleges, they also teach courses and conduct research.

**SEI endorsement optional** — Students are not required to be endorsed in Sheltered English Immersion. Students interested in SEI endorsement should take SEI605.

**Non-licensure option:** All program components are required (including pre-practicum) *except* for SEI, Practicum, Practicum Seminar, and MTEL exams.

**Program and course schedule subject to change.**

**Program chair:** Mary Connolly, CAGS, CHES  
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## Action Research..... 8 credits

EHE695-698 Action Research I-IV (4 terms @ 2 credits) . every term

## Courses ..... 24 credits

- EHE613 Principles of Health/Social Emotional Promotion & Public Health Issues . . . . . Fall
- EHE622\* Implementing Curriculum in the Health/SEL Classroom Fall
- EHE632\* Teaching About Human Sexuality . . . . . Fall
- EHE642\* Promoting Wellness: Building Positive Health/Social Emotional Behavior . . . . . Spring
- EHE652\* Preventing Unintentional Injury & Violence . . . . . Spring
- EHE682 Health-SEL Skills for Risk Reduction & Positive Behavior Change . . . . . Spring
- EHE662\* Promoting Mental/SEL Health Through School-Based Intervention. . . . . Summer
- EHE672 Improving School Health/SEL Through Coordination . . . . . Summer

Note: Asterisk (\*) indicates pre-practicum experience required.

## Practicum Prerequisites

- Pass all teacher tests required by the state for this license. Massachusetts: Communication & Literacy and Health/Family & Consumer Sciences (MTEL).
- Completed course in anatomy and physiology.
- Pre-Practicum field experiences occur in selected courses.
- Pass all required courses.
- Submit Practicum Application and Practicum Placement Approval Form.

## Practicum & Seminar (licensure students only) . . . . 5 credits

**HEA790 Practicum** – 300 hrs: 150 hrs in an elementary school setting & 150 hrs in a secondary setting (3 credits)  
Guided and evaluated by a licensed/certified educator in the classroom and a Cambridge College supervisor. Practicum locations are subject to ESE regulations and must be discussed with the program chair and approved by the pre-practicum/practicum coordinator.

**HEA791 Practicum Seminar** (2 credits)  
Electronic exit portfolio (Taskstream) required for credit.

(All courses @ 3 credits except as noted.)