



# CAGS in Mental Health Counseling

36 credits • 3-4 terms full time

Core program — LMHC • Addiction Counseling — CADAC, LADC • Geriatric Mental Health • Trauma Studies

The CAGS in Mental Health Counseling is an advanced, post-master's certificate program. Students will increase their expertise, add a new credential and area of competency, or upgrade their credentials in order to meet requirements for licensure.

**A Flexible, Individualized Program** — Each student meets with an advisor to plan an individualized academic program. Students meet periodically with their advisor to review educational and career goals. Course choices must be considered carefully in consultation with the program chair.

## Academic Requirements

<b>Required course work</b> . . . . .	6
CCA825 Counseling Leadership Seminar	
CCA830 Advanced Counseling Practice	
<b>Internship</b> . . . . .	6
CCA805 CAGS Practicum—required before CCA820 if mental health practicum was not taken in prior master's program (counts as elective).	
CCA820 Counseling Internship Seminar	
CCA821 Advanced Internship Seminar	
CCA823 Counseling Internship Seminar III—only if a third term is needed to complete field experience hours (counts as elective).	
<b>Mental Health core courses, CAGS electives, concentrations.</b> . . . .	24
<b>Total</b> . . . . .	36

**Practicum & Internship**  
Includes field experience under a qualified supervisor, conforming to Massachusetts regulations 262 CMR. See program handbook. May be individually designed to support licensure requirements. See also M.Ed. program charts.  
**Addictions option:** Must include 300 hours in an approved substance abuse treatment program with appropriate supervision in the 12 core functions.  
**Trauma option:** Must include documented counseling experience related to trauma.

## Concentration Options

After fulfilling licensure requirements, students may choose one or two program options with advisor or program chair approval. The program of study may not exceed 36 credits.

**Addiction Counseling** — Professional training in substance abuse/addiction treatment, education and prevention, leading to certification or licensure.

- CCA768 Addiction Disorders
- CCA756 Substance Abuse in the Family
- CCA720 Psychopharmacology in Addictions & Mental Health Counseling

**Trauma Studies** — Professional training in crisis intervention and trauma treatment, education, prevention, and trauma-informed care.

- CCA724 Post Traumatic Stress Reactions
- CCA727 Clinical Interventions for Combat Stress & Trauma . . . . . Fall
- or** CCA729 Trauma Intervention in Schools . . . . . Spring
- CCA728 Trauma-specific Interventions

**Geriatric Mental Health** — Professional training in mental health for older adults. Graduates will be prepared for non-medical positions in human service agencies, hospitals, community mental health centers, and other similar facilities.

- CCA700 Biopsychosocial Dimensions of Aging . . . . . Fall
- CCA734 Death and Dying . . . . . Fall
- CCA714 Geriatric Counseling . . . . . Spring

**Cambridge College strives to cover the academic requirements** for the following credentials, for which graduates may apply:

- LMHC licensure by the Mass. Board of Registration of Allied Mental Health Professionals. Candidates must also pass an exam and complete two years of post-master's supervised clinical practice.
- CADAC certification by MBSACC and LADC licensing by the Mass. Dept. of Public Health.

Regulations may change at any time. Cambridge College reserves the right to alter the program accordingly. Program chairs are available to advise students.

**Students are responsible** for monitoring and understanding state requirements and regulations, and for ensuring that their program of study complies with all requirements for licensure.

**Admission requirements:** Master's degree in counseling or closely related field, interview with program chair, and other general requirements; see Admission.