

## Substance Abuse Counseling Resources in CCOL and Online

These are resources specifically for the **Substance Abuse Counseling** degree program.

To see general resources, see "Psychology and Counseling in General in CCOL and Web" on [http://www.cambridgecollege.edu/library/ccol\\_research.cfm](http://www.cambridgecollege.edu/library/ccol_research.cfm)

If your topic relates to education or children, please also see the Education resources on [http://www.cambridgecollege.edu/library/ccol\\_research.cfm](http://www.cambridgecollege.edu/library/ccol_research.cfm)

### Journals, documents, and periodicals in CCOL

On the CCOL HOME page, the *Search here for Counseling/Psychology* search box will search these databases:

- Academic Search Premier
- Wilson OmniFile Full Text, Select Edition
- CINAHL with Full Text
- Education Research Complete
- ERIC
- Health Source: Nursing/Academic Edition
- Lexi-PALS Drug Guide
- MEDLINE with Full Text
- PsycARTICLES
- PsycBOOKS
- PsycEXTRA
- PsycINFO
- Research Starters – Education
- SocINDEX with Full Text
- Ebrary Electronic Books
- Mental Measurements Yearbook with Tests in Print

### Research Starters in Education

"Research Starters are study and research guides...They consist of comprehensive, yet concise topic summary articles of about 3,000 words in length written by researchers, scholars and other subject matter experts." Use the Research Starters to explore topics and get your research started.

\* On the CCOL HOME page, click *Direct to Databases*

\* Click *EBSCOHost*

\* Click *Databases A-Z*

\* Scroll down and click on the title *Research Starters in Education*

\* Put a term in the search box and click Search. For example:

- 24 articles on "Substance abuse"
- 4 articles on alcoholism
- 66 articles on drugs
- 4 articles on eating disorders

## Ebrary Electronic Books in CCOL

To search for substance abuse counseling books in the Ebrary Electronic Books collection:

- From the CCOL HOME page, click *Direct to Databases*
- Click *Ebrary Electronic Books* and log in if necessary
- Click *Advanced* (to the right of the “Search Ebrary” box)
- Use the drop-down menu of the “Search in” box to search by subject (or title, author, etc.) For example
  - 46 books on the Subject “Substance Abuse”
  - 28 books on the Subject “Alcoholism”
  - 164 books on the Subject “Drugs”
  - 12 books on the Subject “Gambling”
  - 5 books on issues of food and weight

## Tutorials on how to do substance abuse counseling research

Drug Abuse Research Training Courses

<http://international.drugabuse.gov/educational-opportunities/certificate-programs/drug-abuse-research-training-courses> says:

*“These free, online training courses were designed for international drug abuse researchers and developed for the NIDA International Program by [DrugAbuseResearchTraining.org](http://DrugAbuseResearchTraining.org) through an SBIR grant. Current course offerings include:*

- ***Biostatistics for Drug and Substance Abuse Research.*** *Learn about descriptive and inferential statistics and how to choose a statistical test.*
- ***Evaluating Drug and Substance Abuse Programs.*** *An easy-to-follow guide based on international standards offers practical recommendations and examples.*
- ***Designing and Managing Drug and Substance Abuse Clinical Trials.*** *This introduction to designing and managing a substance abuse clinical trial includes ways to recruit and retain study participants.*
- ***Neurobiology of Addiction.*** *Describes the cyclical, chronic nature of addiction, the brain circuits affected by addicting drugs, the effects of those drugs on brain neurotransmitters, and ways to treat addiction with new pharmacotherapies.”*

Substance Abuse and Mental Health Data Archive Tutorial <http://oas.samhsa.gov/tutorial.cfm>

## Recommended Websites

Although not from scholarly journals, useful information can be found on the web. Most of these sites come highly recommended from a national survey of reference librarians.

Note: websites can change and disappear at any time! If the URL doesn't work, try putting the name of the site into Google.

### Substance Abuse links

[http://www.naadac.org/index.php?option=com\\_mlinks&view=mlinks&Itemid=84](http://www.naadac.org/index.php?option=com_mlinks&view=mlinks&Itemid=84)

<http://www.cesar.umd.edu/cesar/links.asp>

[http://aia.berkeley.edu/information\\_resources/substance\\_abuse\\_links.php](http://aia.berkeley.edu/information_resources/substance_abuse_links.php)

<http://www.naatp.org/links/index.php>

Center for Substance Abuse Treatment

<http://www.samhsa.gov/about/csat.aspx>

National Institute on Drug Abuse

<http://www.nida.nih.gov/infofacts/treatmeth.html>

<http://archives.drugabuse.gov/adac/ADAC3.html>

Massachusetts Substance Abuse Services

<http://www.mass.gov/dph/bsas>

(To find services for other states, google your state's name and "substance abuse")

National Center on Addiction and Substance Abuse at Columbia University

<http://www.casacolumbia.org/templates/Home.aspx?articleid=287&zoneid=32>

Substance abuse learning materials

<http://www.merlot.org/merlot/materials.htm;jsessionid=2D6EAD6C8BCFC32B2DFA5CAF6150FBA3?materialType=&keywords=substance+abuse&category=&newsearchbutton0.x=0&newsearchbutton0.y=0&newsearchbutton0=Search>

### Drug Abuse: Learning Materials

<http://www.merlot.org/merlot/materials.htm?materialType=&keywords=drugs&category=&newsearchbutton0.x=0&newsearchbutton0.y=0&newsearchbutton0=Search>

### Alcoholism and alcohol abuse

<http://www.ncbi.nlm.nih.gov/pubmedhealth/PMH0001940/>

### Eating disorders links

<http://www.nationaleatingdisorders.org/information-resources/resources-and-links.php>

<http://www.nlm.nih.gov/medlineplus/eatingdisorders.html>

Open Yale Courses: The Psychology, Biology, and Politics of Food

<http://www.merlot.org/merlot/viewMaterial.htm?id=474986>

### **Gambling addiction links**

[http://www.uclagamblingprogram.org/helpful\\_links.html](http://www.uclagamblingprogram.org/helpful_links.html)

Gambling Addiction Help Guide

[http://www.helpguide.org/mental/gambling\\_addiction.htm](http://www.helpguide.org/mental/gambling_addiction.htm)

Gamblers Anonymous <http://www.gamblersanonymous.org/gna.html>

UCLA Gambling Studies Program <http://www.uclagamblingprogram.org/>

### **Dictionaries and Glossaries**

Substance abuse glossary

[http://www.emedicinehealth.com/substance\\_abuse/glossary\\_em.htm](http://www.emedicinehealth.com/substance_abuse/glossary_em.htm)

Drug Abuse glossary [http://www.medicinenet.com/drug\\_abuse/glossary.htm](http://www.medicinenet.com/drug_abuse/glossary.htm)

Alcoholism glossary [http://www.emedicinehealth.com/alcoholism/glossary\\_em.htm](http://www.emedicinehealth.com/alcoholism/glossary_em.htm)

Eating Disorders glossary <http://glossary.feast-ed.org/>

Gambling Addiction glossary [http://www.medicinenet.com/gambling\\_addiction/glossary.htm](http://www.medicinenet.com/gambling_addiction/glossary.htm)

### **Professional Ethics information**

Counselor Ethics in Substance Abuse Treatment

[http://www.ehow.com/about\\_5098239\\_counselor-ethics-substance-abuse-treatment.html](http://www.ehow.com/about_5098239_counselor-ethics-substance-abuse-treatment.html)

NAADAC Code of Ethics

<http://www.naadac.org/resources/codeofethics>

NAADAC 2011 revision of Code of Ethics

<http://www.naadac.org/about/press-releases/568-naadac-revises-its-professional-code-of-ethics>

### **Statistics**

NIMH Mental Health Statistics Resources

<http://www.nimh.nih.gov/statistics/Dashboard-Resources.shtml>

US Department of Health and Human Services – statistics for risk factors

<http://www.hhs-stat.net/cache/Category3.htm?id=3&hname=Risk%20Factors>

Substance Abuse and Mental Health Statistics

<http://www.drugabusestatistics.samhsa.gov/>

## Associations

NAADAC: The Association for Addiction Professionals  
<http://naadac.org/>

National Association of Addiction Treatment Providers  
<http://www.naatp.org>

National Eating Disorders Association  
<http://www.edap.org/>

National Council on Problem Gaming  
<http://www.ncpgambling.org/i4a/pages/index.cfm?pageid=1>

## Need Opinions or Interview or Survey Respondents?

Substance Abuse Community  
<http://www.medhelp.org/forums/Addiction-Substance-Abuse/show/77>

Sober Recovery Community <http://www.soberrecovery.com/forums/>

Eating Disorder Forum  
[http://ehealthforum.com/health/eating\\_disorders.html#b](http://ehealthforum.com/health/eating_disorders.html#b)

Gambling addiction forum <http://www.psychforums.com/gambling-addiction/>

## Video, Podcasts, and Other Media

Eating Disorders audio and video  
<http://www.nationaleatingdisorders.org/information-resources/audio-video.php>

“Dying to Be Thin” on NOVA from PBS  
[http://www.pbs.org/wgbh/nova/thin/program\\_qt.html](http://www.pbs.org/wgbh/nova/thin/program_qt.html)

Animations on “How Drugs Work”  
<http://www.thirteen.org/closetohome/science/html/animations.html>

Eating Disorders on Youtube  
[http://www.youtube.com/results?search\\_type=edu&rental=0&uni=3&movies\\_browse=1&search\\_query=EATING+DISORDERS&aq=f](http://www.youtube.com/results?search_type=edu&rental=0&uni=3&movies_browse=1&search_query=EATING+DISORDERS&aq=f)

Gambling addiction on Youtube  
[http://www.youtube.com/results?search\\_type=edu&rental=0&uni=3&movies\\_browse=1&search\\_query=gambling+addiction&aq=f](http://www.youtube.com/results?search_type=edu&rental=0&uni=3&movies_browse=1&search_query=gambling+addiction&aq=f)

Substance abuse on Youtube

[http://www.youtube.com/results?search\\_type=edu&rental=0&uni=3&movies\\_browse=1&search\\_query=substance+abuse&aq=f](http://www.youtube.com/results?search_type=edu&rental=0&uni=3&movies_browse=1&search_query=substance+abuse&aq=f)

PBS on drug abuse <http://www.pbs.org/search/?q=drug%20abuse>

PBS on alcoholism <http://www.pbs.org/search/?q=alcoholism>

### **Do You Need Books to Expand Your Research?**

Online reviews of psychology books

[http://metapsychology.mentalhelp.net/poc/view\\_index.php?idx=about](http://metapsychology.mentalhelp.net/poc/view_index.php?idx=about)

Google Books at <http://books.google.com> is amazing!

- Be sure to search it for your subject area!
- Click “Advanced Book Search” and check “Full View Only” to limit the search to full-text results
- “PartialView” can also provide plenty of full-text

Amazon <http://www.amazon.com> or <http://www.bn.com>

Use these easy search engines to get lists of books on your topic and to read excerpts, but try to get the books from your local library or buy from your local independent bookstore. Or, buy a less expensive used copy from an online independent bookstore at <http://www.bookfinder.com>

*If you can't find what you need or you need more, ask yourself:*

*Who would care about this topic?*

*Where would they publish what they know?*

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