



Bachelor of Science

Human Services

120 credits

General Education 60 credits

Learning to Learn

LRN175	Principles & Processes of Adult Learning	3
WRT101	College Writing I	3
CTH225	Foundations of Critical Thinking	3
MAT101	College Math I	3
CMP130	Introduction to Computer Applications	3
WRT102	College Writing II	3
CMP230	Information Literacy	3
MAT102	College Math II	3

WRT101-102 and MAT101-102 may be waived if you have taken equivalent courses **and** assessment indicates proficiency. Credits will be replaced with open electives.

Knowledge to Gather Knowledge

Arts & Humanities	9
Natural & Physical Sciences	9
Social Sciences	9
PSY110 Systems Thinking in Psychology — required	

Open Electives 9

WRT090 and MAT100 required if assessment indicates need.

Human Services Major Required Courses 36 credits

BHS305	Introduction to Human Services	3
BHS315	Understanding Family & Community Systems	3
BHS320	Community Building Principles & Strategies	3
BHS364	Unequal Treatment: Disparities in Health & Human Services	3
BHS420	Strategies for Change	3
PSY210	Multicultural Developmental Psychology	3
PSY426	Self-Care for Helping Professionals	3
BHS490	Human Services Capstone	3
Human Services Electives		12

Human Services Major Electives..... choose 24 credits

Choose among a wide variety of human services and related electives to meet career and academic goals.

Admission requirements:

- High school diploma or equivalent and other general requirements (see Admission).
- Three years of work experience recommended (including employment, volunteer work, training, community involvement, etc.).

The Bachelor of Science in Human Services at

Cambridge College is a unique program that recognizes that training and education can increase human service providers' ability to effect positive change—in their own lives and the lives of those they serve. Our goal is to be an integral part of the change that needs to happen to create a more just and equitable society. We do this by providing opportunities for our students to increase their knowledge and skills while recognizing the valuable contributions they make in their work and in their communities. We aim to change the way services are delivered, and to help individuals, families and communities reach their goals for their own lives.

Guiding Principles

The Human Services Major is guided by systemic and holistic thinking, the importance of valuing culture, and identifying and working with the strengths inherent in individuals, families and communities. These principles, along with an appreciation of research and how it informs practice, and the consideration of historical and multicultural perspectives, are embedded in all of the human services courses. A collaborative model of teaching and helping, along with practical knowledge and skills, creates an environment where all students are encouraged to reach their potential.

Careers

Many people today need assistance in making positive changes that will improve the quality of their lives. Those working in human services are in a unique position to provide that help. We know that working with people in a way that preserves their dignity and builds on their strengths while helping them address their concerns, leads to better outcomes. The older, more deficit-driven models do not serve to empower individuals, families or communities. We are in need of effective ways to work with people across a variety of settings.

The health and human service industry has been identified by the Bureau of Labor Statistics as an area that will continue to grow tremendously in the 21st century. Students majoring in human services may find themselves working and leading in a variety of settings — with adolescents in residential programs or with the elderly in nursing homes; in the community or in health centers; as program directors; as case managers or outreach workers. They work in prevention or in treatment, in after-school programs or criminal justice programs. The program's unique strengths-based, systemic and culturally relevant approach to working with people prepares students to become effective agents of change and will prepare them for future growth in their personal and professional lives, while also providing a solid base for further studies in a wide variety of graduate programs.

