



Bachelor of Science

Human Services

120 credits

General Education 60 credits

Learning to Learn

LRN175	Principles & Processes of Adult Learning	3
WRT101	College Writing I	3
CTH225	Foundations of Critical Thinking	3
MAT101	College Math I	3
CMP130	Introduction to Computer Applications	3
WRT102	College Writing II	3
CMP230	Information Literacy	3
MAT102	College Math II	3

WRT101-102 and MAT101-102 may be waived if you have taken equivalent courses *and* assessment indicates proficiency. Credits will be replaced with open electives.

Knowledge to Gather Knowledge

Arts & Humanities	9
Natural & Physical Sciences	9
Social Sciences	9

PSY110 Systems Thinking in Psychology — required

Open Electives 9

WRT090 and MAT100 required if assessment indicates need.

Human Services Major Required Courses 36 credits

BHS305	Introduction to Human Services	3
BHS315	Understanding Family & Community Systems	3
BHS320	Community Building Principles & Strategies	3
BHS364	Unequal Treatment: Disparities in Health & Human Services	3
BHS420	Strategies for Change	3
PSY210	Multicultural Developmental Psychology	3
PSY426	Self-Care for Helping Professionals	3
BHS490	Human Services Capstone	3
Human Services Electives		12

Admission requirements:

- High school diploma or equivalent and other general requirements (see Admission).
- Three years of work experience recommended (including employment, volunteer work, training, community involvement, etc.).

Human Services Major Electives..... choose 24 credits

Choose among a wide variety of human services and related electives to meet career and academic goals, or cluster electives in a concentration.

Addiction Studies (partial list)

BHS401	Introduction to Addictions	3
BHS411	Family Systems & Addictions	3
BHS421	Mental Health & Substance Abuse	3
BHS360	Ethical Issues in Substance Abuse	3

Community Building (partial list)

BHS322	Dynamics of Power in Communities	3
BHS325	Community Planning & Development	3
BHS340	Youth Development & Community Practice	3
BHS445	Leadership for Community Builders	3

Family Studies (partial list)

BHS400	Family Life Cycle	3
BHS430	Families with Special Needs	3
BHS365	Ethical Issues in Working With Families	3
BHS366	Family Interventions	3

Holistic Studies (partial list)

PSY345	The Spiritual Dimension: Psychological & Educational Issues	3
PSY316	Cross-Cultural & Holistic Perspectives in Psych.	3
PSY376	Psych. & Therapeutic Dimensions of Arts	3
PSY428	Holistic Psychology: An Integrated Approach	3

Justice Studies (see program chart below)

Juvenile Justice Studies (see program chart below)

Managing Human Services Organizations

BSM111	Business Math	3
BSM340	Managing Information Systems & Databases	3
BSM402	Grantwriting & Fundraising	3
BSM430	Non-profit Organizational Management	3

Cambridge College

Undergraduate Programs and Admissions at 1000 Massachusetts Ave
Cambridge, MA 02138 • 617-868-1000 • www.cambridgecollege.edu

July 09



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Human Services

The Bachelor of Science in Human Services at Cambridge College is a unique program that recognizes that training and education can increase human service providers' ability to effect positive change—in their own lives and the lives of those they serve. Our goal is to be an integral part of the change that needs to happen to create a more just and equitable society. We do this by providing opportunities for our students to increase their knowledge and skills while recognizing the valuable contributions they make in their work and in their communities. We aim to change the way services are delivered, and to help individuals, families and communities reach their goals for their own lives.

Guiding Principles

The Human Services Major is guided by systemic and holistic thinking, the importance of valuing culture, and identifying and working with the strengths inherent in individuals, families and communities. These principles, along with an appreciation of research and how it informs practice, and the consideration of historical and multicultural perspectives, are embedded in all of the human services courses. A collaborative model of teaching and helping, along with practical knowledge and skills, creates an environment where all students are encouraged to reach their potential.

Careers

Many people today need assistance in making positive changes that will improve the quality of their lives. Those working in human services are in a unique position to provide that help. We know that working with people in a way that preserves their dignity and builds on their strengths while helping them address their concerns, leads to better outcomes. The older, more deficit-driven models do not serve to empower individuals, families or communities. We are in need of effective ways to work with people across a variety of settings.

The health and human service industry has been identified by the Bureau of Labor Statistics as an area that will continue to grow tremendously in the 21st century. Students majoring in human services may find themselves working and leading in a variety of settings — with adolescents in residential programs or with the elderly in nursing homes; in the community or in health centers; as program directors; as case managers or outreach workers. They work in prevention or in treatment, in after-school programs or criminal justice programs. The program's unique strengths-based, systemic and culturally relevant approach to working with people prepares students to become effective agents of change and will prepare them for future growth in their personal and professional lives, while also providing a solid base for further studies in a wide variety of graduate programs.

Major Electives & Concentration Options

Choose among a wide variety of human services and related electives to meet career and academic goals, or cluster electives in a concentration:

Addiction Studies is for counselors, case managers, residence managers, and advocates. This concentration considers the impact of substance abuse on individuals, families and communities. It explores theories regarding addiction, various treatment approaches, and the societal consequences. The curriculum has been designed to meet the criteria for the Certified Alcohol and Drug Addiction Counselor (CADAC) certification.

Community Building is for students planning careers in community work: building and organizing, developing programs and re-creating communities. The courses present an empowering approach to working with communities to improve conditions, expand opportunities and sustain positive change, by fostering relationships and social networks.

Family Studies — Courses in family studies provide the knowledge and skills needed by practitioners to work effectively with the many demands families today are facing. Our emphasis on building on strengths, respecting and valuing what is important to families while providing care in a culturally humble way, serves to empower families as students learn how to assist them in the changes they are seeking. Students who focus in this area often go on to further studies in human growth and development, human services, social work, marriage and family therapy, and family policy. Students may focus on working with families or family members, on family development, advocacy, case management, or policy.

Holistic Studies — For students interested in the spiritual, psychological and religious dimensions of human development and the arts. The use of expressive art therapies is integrated with holistic perspectives in human development, wellness, and clinical practice. Courses draw from multidisciplinary and cross-cultural research into the transformative nature of the arts and contemporary mind-body approaches to healing.

Justice Studies • Juvenile Justice Studies • (see charts below)

Managing Human Services Organizations — These days, it is not enough to know how to effectively interact with families; people working in human services also need to know how to manage their organizations. The management concentration in human services will help students develop management skills for running and operating a human service agency.

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