



Master of Education With Concentration

# School Adjustment & Mental Health Counseling

65 credits • School Social Worker/School Adjustment Counselor (ESE) • Mental Health Counselor (LMHC)

## YEAR 1 ..... 38 credits

CCP691-693 Professional Seminar — 3 terms @ 2 credits;  
begin in first term ..... 6

Includes clinical journal, assessments, professional growth plan.

Take Communication & Literacy test (MTEL) in term 1 or 2.

CCP590 or 591 Theory & Practice of Counseling — workshops ... 1

CCP800 Independent Research Project — on a topic related  
to school adjustment counseling; term 3 ..... 3

### Counseling Practice Courses

CCP501 Introduction to Counseling ..... 1

CCP540 Personality & Counseling Theory ..... 3

CCP550 Basic Counseling Skills: Rogerian Therapy ..... 3

CCP614 Child & Adolescent Psychopathology ..... 3

CCP617 School Adjustment Counseling/School Social Work ... 3

CCP630 Human Development Across the Lifespan ..... 3

CCP650 Group Dynamics/Group Counseling & Human Systems ... 3

### Research & Evaluation

CCP518 Research Design & Evaluation ..... 3

### Practicum/Internship Prerequisites

- Pass all first-year requirements including IRP (29 credits).
- Pass all teacher tests required by your state for this license.  
Massachusetts: Communication & Literacy test (MTEL).
- Pre-Practicum (ESE)— 75 hours of directed field-based training  
in conjunction with first-year courses. .... 0

### 900-hour ESE Practicum/LMHC Internship

- School and mental health settings. SAC & LMHC site supervisors  
must meet Board of Registration requirements; SAC site supervisors  
must also meet ESE requirements.
- LMHC internship recommended in 1st year, ESE Practicum 2nd year.

CCP790-791 School Adjustment/Mental Health  
Field Experience I-II — 2 terms @ 3 credits ..... 6

**School Social Worker/School Adjustment Counselor (all levels) —**  
Program approved by the Mass. Dept. of Elementary & Secondary  
Education (ESE) as preparation for initial licensure.

**Licensed Mental Health Counselor (LMHC) —** This program is  
designed so students will also complete the academic requirements  
for LMHC licensure by the Mass. Board of Registration of Allied Mental  
Health Professionals. Candidates must also pass a competency examina-  
tion and complete two years of post-master's supervised clinical practice.

**Admission requirements:** Bachelor's degree and other general  
requirements for counseling psychology and educator licensure  
programs apply; see Admission.

**Students are responsible** for monitoring and understanding state  
requirements and regulations, and for ensuring that their program of  
study complies with all requirements for certification/licensure.

**Program subject to change** as Massachusetts requirements for  
licensure change. The College reserves the right to alter the program  
to better prepare students to meet new requirements.

## YEAR 2 ..... 27 credits

### Professional Identity, Function & Ethics

CCP730 The Practice of Mental Health Counseling ..... 3

CCP622 Ethics & Professional Issues for School Counselors  
& Mental Health Practitioners ..... 3

### Social/Cultural ..... 3

CCP754 Perspectives in Cross-Cultural Counseling

### Assessment/Appraisal — choose one ..... 3

CCP624 Assmt/Appraisal Proc: Intelligence & Achiev Testing

CCP626 Assmt/Appraisal Proc: Projective Testing

### Working with Children, Families & Community — choose one ... 3

CCP561 Counseling Techniques with Multi-Problem Families  
in Changing Communities

CCP715 Multicultural Counseling: Children, Adolescents in Context

### Special Treatment Issues — choose one ..... 3

CCP606 Substance Abuse in the Family

CCP640 Addiction Disorders

CCP724 Post Traumatic Stress Reactions

### Elective — choose one. .... 3

CCP624 Assmt/Appraisal Proc: Intelligence & Achiev Testing

CCP626 Assmt/Appraisal Proc: Projective Testing

CCP627 Family Assessment from a Multicultural Perspective

CCP631 The Counselor in the Forensic Environment

CCP658 Expressive & Activity Therapies

CCP670 Career Counseling

CCP695 Counseling & Consulting Techniques Lab

CCP710 Marriage & Family Therapy: Basic Counseling Skills

CCP716 Cognitive Behavior Therapy: Theory & Practice

### 900-hour ESE Practicum/LMHC Internship, continued

- Students must get SAC coordinator approval for SAC field  
experience in a school setting.
- At least 450 hours must be completed in two sequential terms in a  
ESE-approved school setting.

CCP792-793 School Adjustment/Mental Health  
Field Experience III-IV — 2 terms @ 3 credits ..... 6

CCP708 School Adjustment Counseling Exit Portfolio ..... 0

## Cambridge College Springfield Regional Center

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