



# Counseling Psychology

36 credits: Core program — Pre-licensure      42 credits: Addiction Counseling — CADAC, LADC

**COUNSELING PSYCHOLOGY** is a pre-licensure graduate program for students planning to enter the practice of mental health or improve their skills and professional qualifications. The program has a strong commitment to an evolving multicultural society.

**Careers** — Graduates may qualify for employment or advancement in mental health agencies. They will be eligible to continue study towards mental health licensure at the CAGS level.

**Learning Outcomes** — Students learn the principles and best practices of counseling including various psychotherapeutic techniques for work with individuals, families and groups; group counseling, and consultation to organizations and communities. They study human development, dysfunctional behavior and mental illness, strategies for prevention and treatment of substance abuse and domestic violence. They become familiar with community resources for referrals. They study research design and methodology, and conduct their own research project. They become familiar with state regulations applicable to mental health practice.

<b>Professional Seminar &amp; Research</b>	<b>credits</b>
CCP691-693 Professional Seminar — 3 terms @ 2 credits . . . . .	6
CCP800 Independent Research Project — taken with Seminar III . . .	3

- Workshops** (no courses may be substituted)
- *Core program:* CCP590 two workshops @ 1 credit . . . . . 2
  - *Addictions option:* CCP590 one workshop . . . . . 1
  - *Trauma option:* CCP590 one workshop . . . . . 1
  - *Addictions and Trauma option* — none may be taken . . . . . 0

**Counseling Psychology Courses**

CCP501 Introduction to Counseling . . . . .	1
CCP540 Personality & Counseling Theory . . . . .	3
CCP550 Basic Counseling Skills: Rogerian Therapy . . . . .	3
CCP650 Group Dynamics/Group Counseling & Human Systems . . . . .	3

**Practicum & Internship**  
Includes field experience under a qualified supervisor, conforming to Massachusetts regulations 262 CMR. See program handbook.  
*Addictions option:* Must include 300 hours in an approved substance abuse treatment program with appropriate supervision in the 12 core functions.

CCP520 Counseling Practicum/SAC Field Experience I . . . . .	3
CCP641 Counseling Internship/SAC Field Experience II . . . . .	3

**Three Elective Courses** — Core program only . . . . . 9  
Two electives must be in Counseling Psychology, one may be in a related field.

**PROGRAM OPTION**  
Core program modified as noted above, additional courses below, **and** choose Addictions block:

	<b>credits</b>
CCP615 Psychopathology <b>or</b>	
CCP614 Child & Adolescent Psychopathology . . . . .	3
CCP622 Ethics & Professional Issues for School Counselors & Mental Health Practitioners . . . . .	3

**Addictions** — Professional training in substance abuse/addiction treatment, education and prevention, leading to certification or licensure.

CCP510 Ethics & Boundaries in Substance Abuse Counseling . . .	1
CCP640 Addiction Disorders . . . . .	3
CCP606 Family Treatment of Substance Abuse . . . . .	3
CCP720 Psychopharmacology in Addictions & Mental Health Counseling . . . . .	3

**Cambridge College strives to cover academic requirements for:**

- Certified Alcohol & Drug Abuse Counselor (CADAC) certification by MBSACC and Licensed Alcohol & Drug Counselor (LADC) licensing by the Mass. Dept. of Public Health.
- Certified Trauma Specialist (CTS), a credential from the Association of Traumatic Stress Specialists, International Certification Board (ATSS).

Regulations may change at any time. Cambridge College reserves the right to alter the program accordingly. Program coordinators are available to advise students.

**Students are responsible** for monitoring and understanding state requirements and regulations, and for ensuring that their program of study complies with all requirements for licensure/certification.

