



Post-master's Certificate

School Adjustment & Mental Health Counseling for School Guidance Counselors

30 credits • 4 terms • School Social Worker/School Adjustment Counselor (DESE) • Licensed Mental Health Counselor (LMHC)

Counseling Practice Courses

- CCP550 Basic Counseling Skills: Rogerian Therapy3
- CCP614 Child & Adolescent Psychopathology3
- CCP617 School Adjustment Counseling/School Social Work3

Assessment/Appraisal

- CCP626 Assmt/Appraisal Proc: Projective Testing.3

Working with Children, Families & Community — choose one3

- CCP561 Counseling Techniques with Multi-Problem Families in Changing Communities
- CCP715 Multicultural Counseling: Children, Adolescents in Context

If students completed the 48-credit M.Ed. in School Guidance Counseling at Cambridge College, this subject area has been covered and a course in this section is not required. Other students may need to take one of these courses depending upon transcript review by program coordinator.

Social/Cultural*

- CCP754 Perspectives in Cross-Cultural Counseling3

*Must also be taken if student has not completed CCP754 or equivalent. (Program will total 33 credits).

Special Treatment Issues — choose one3

- CCP606 Family Treatment of Substance Abuse
- CCP640 Addiction Disorders
- CCP724 Post Traumatic Stress Reactions
- CCP729 Trauma Intervention in School Settings

Students who previously completed any of the listed courses shall consult with the program coordinator for substitute course work to meet the requirement of 30 credits.

Mental Health Practicum/Internship—terms 1-2—see below

- CCP520 Counseling Practicum/SAC Field Experience I.3
- CCP641 Counseling Internship/SAC Field Experience II.3

School Adjustment Field Experience—terms 3-4—see below

Prerequisites

- SAC Pre-Practicum — 75 hours of directed field-based training in a school site0
- Pass all teacher tests required by your state for this license. Massachusetts: Communication & Literacy test (MTEL).
- Site approval form signed by SAC coordinator.

- CCP700 Internship Seminar/SAC Field Experience III3
- CCP701 Advanced Internship Seminar/SAC Field Experience IV3
- CCP708 School Adjustment Counseling Exit Portfolio0

School Adjustment Field Experience / Mental Health Internship

Includes field experience under a qualified supervisor, conforming to Massachusetts regulations 262 CMR. See program handbook.

The SAC supervising practitioner must have both clinical and DESE licensure, and be acting in an SAC role.

- 900 hours total (minimum); 225 hours in each of four terms in school and mental health settings.
- LMHC internship recommended in first year (CCP520 and 641),
- SAC field experience recommended in second year (CCP700-701).
 - ▶ School placement must be approved by the SAC coordinator.
 - ▶ 450 hours (minimum), completed in two sequential terms.
 - ▶ Intern must work in SAC role with children, adolescents and families.

Cambridge College strives to cover the academic requirements for the following credentials, for which graduates may apply:

- School Social Worker/School Adjustment Counselor (all levels) — Program approved by the Mass. Dept. of Elementary & Secondary Education as preparation for initial licensure.
- LMHC licensure by the Mass. Board of Registration of Allied Mental Health Professionals. Some licensure requirements will have been covered in the MEd in School Guidance Counseling. This program provides the remaining academic requirements. Candidates must also pass an exam and complete two years of post-master's supervised clinical practice.

Regulations may change at any time. Cambridge College reserves the right to alter the program accordingly. Program coordinators are available to advise students.

Students are responsible for monitoring and understanding state requirements and regulations, for ensuring that their program of study complies with all requirements for licensure/certification, and for completing documentation needed for CCP708 Exit Portfolio.

Admission requirements:

- Completion of current Cambridge College 48-credit M.Ed. in school guidance counseling or equivalent program. (Students who took an earlier version of this program, or who earned their MEd at another college, may need to take additional course work to meet LMHC and SAC academic requirements.)
- Initial license as a school guidance counselor.
- Interview with and approval of School Guidance coordinator.

Cambridge College School of Psychology & Counseling

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Cambridge College