



Master of Education With Concentration and Program Option

Marriage & Family Therapy

71 credits: Core program — MFT, LMHC

78 credits: with Addiction Counseling — MFT, LMHC, CADAC, LADC

MARRIAGE & FAMILY THERAPY provides graduate level professional training for marriage and family therapy and mental health counseling licensure. The program has a strong commitment to an evolving multicultural society. Students gain a systems-based perspective on working with traditional and non-traditional families and couples.

Learning Outcomes — Students learn and apply the principles and best practices of counseling, including various psychotherapeutic techniques for work with individuals, couples, families and groups; and consultation to organizations and communities. They study hu-

man development, dysfunctional behavior and mental illness. They learn to assess, diagnose and treat within the scope of the counselor's practice, and become able to utilize community resources for referrals. They learn and apply strategies for prevention and treatment of substance abuse, domestic violence, the spectrum of mental illnesses; and learn to use psychoeducational techniques aimed at preventing such disorders. They survey research design and methodology, and conduct their own research project. They become familiar with state regulations applicable to mental health practice and licensure.

YEAR 1

| Professional Seminar & Research | credits |
|-------------------------------------------------------------------|---------|
| CCP691-693 Professional Seminar — 3 terms @ 2 credits | 6 |
| CCP518 Research Design & Evaluation. | 3 |
| CCP800 Independent Research Project — taken with Seminar III. . . | 3 |

Workshops (no courses may be substituted)

- Core program, Addictions option: CCP590 one workshop 1

Counseling Practice Courses

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| CCP501 Introduction to Counseling | 1 |
| CCP540 Personality & Counseling Theory | 3 |
| CCP550 Basic Counseling Skills: Rogerian Therapy | 3 |
| CCP615 Psychopathology or | |
| CCP614 Child & Adolescent Psychopathology | 3 |
| CCP630 Human Development Across the Lifespan | 3 |
| CCP650 Group Dynamics/Group Counseling & Human Systems | 3 |

Practicum & Internship

Includes field experience under a qualified supervisor, conforming to Massachusetts regulations 262 CMR. See program handbook.

Addictions option: Must include 300 hours in an approved substance abuse treatment program with appropriate supervision in the 12 core functions.

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| CCP520 Counseling Practicum/SAC Field Experience I. | 3 |
| CCP641 Counseling Internship/SAC Field Experience II. | 3 |

Students must complete a minimum of 740 hours of on-site field placement time, of which 300 hours must be done in direct face-to-face client contact. Students must receive a minimum of 160 hours of supervision, which includes 55 hours of individual supervision by an approved supervisor, a minimum of 50 hours of group supervision with no more than 10 students, and 55 hours of either individual or group supervision. At least 25 hours of supervision must be done through video/audio supervision or direct observation. As this is a joint LMHC/LMFT program, students must also have 50 hours of documented LMHC supervision for licensure.

YEAR 2

| Internship | credits |
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| CCP700 Internship Seminar/SAC Field Experience III | 3 |
| CCP701 Advanced Internship Seminar/SAC Field Experience IV . . . | 3 |

Professional Identity, Function & Ethics

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| CCP730 The Practice of Mental Health Counseling | 3 |
| CCP622 Ethics & Professional Issues for School Counselors & Mental Health Practitioners | 3 |

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| Social/Cultural | 3 |
| CCP754 Perspectives in Cross-Cultural Counseling | |

Assessment/Appraisal

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| CCP626 Assmt/Appraisal Proc: Projective Testing. | 3 |
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Marriage & Family (includes LMHC special treatment issues)

- Core program: choose six courses below 18
- Addictions option: choose five courses, not CCP606 15

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|----------------------------------------------------------------------------------|--|
| CCP561 Counseling Techniques with Multi-Problem Families in Changing Communities | |
| CCP606 Family Treatment of Substance Abuse | |
| CCP625 Foundations of Couples Counseling | |
| CCP627 Family Assessment from a Multicultural Perspective | |
| CCP710 Marriage & Family Therapy: Basic Counseling Skills | |
| CCP721 Women in the Family: a Cross-Cultural Perspective | |
| CCP722 The Life of the Family in Context | |
| CCP723 Narrative and Collaborative Approaches to Therapy | |

PROGRAM OPTION

Core program modified as noted above, **and** choose Addictions (see next page).

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Cambridge College School of Psychology & Counseling

80 Prospect Street • Admissions & main offices at 1000 Massachusetts Avenue
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Continued

Marriage & Family Therapy

PROGRAM OPTION (cont.)

Core program modified as noted above, **and** choose Addictions block below:

Addictions (includes LMHC special treatment issues)

Professional training in substance abuse/addiction treatment, education and prevention, leading to certification or licensure.

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| CCP510 | Ethics & Boundaries in Substance Abuse Counseling | 1 |
| CCP640 | Addiction Disorders | 3 |
| CCP606 | Family Treatment of Substance Abuse. | 3 |
| CCP720 | Psychopharmacology in Addictions & Mental Health Counseling. | 3 |

Cambridge College strives to cover the academic requirements for the following credentials, for which graduates may apply:

- LMHC licensure by the Mass. Board of Registration of Allied Mental Health Professionals. Candidates must also pass an exam and complete two years of post-master's supervised clinical practice.
- LMFT licensure by the Mass. Board of Registration. Candidates must also pass another exam. The post-master's clinical practice must be structured to meet LMFT regulations. Students will be able to use their LMHC to apply to insurance companies as independent practitioners.
- CADAC certification by MBSACC and LADC licensing by the Mass. Dept. of Public Health.

Regulations may change at any time. Cambridge College reserves the right to alter the program accordingly. Program coordinators are available to advise students.

Students are responsible for monitoring and understanding state requirements and regulations, and for ensuring that their program of study complies with all requirements for licensure/certification.

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